

DAY 05 · DAILY KIT

AI Agents — Your Digital Employees + Building Your MVP With No Code

Stop doing work AI can do while you sleep.

Theme: Agents & Automation · Homework: 90 min · Project: 3 hours

WHAT'S INSIDE

01 **Take-home assignments**

Missions to complete tonight.

02 **Project steps**

Ship one thing before Demo Day.

03 **Reflection prompts**

Write, don't just think.

04 **Master checklist**

Tick it. Prove it. Done.

Homework — Day 5

Estimated time: 90 min

01 Ship v2

Fix the 3 ugliest things in your MVP. Ship again.

02 5 real users

Get 5 humans to actually use your MVP. Screen-record their session if you can (with permission).

03 Automation win

Deploy one n8n/Zapier automation that saves you >10 min/week. Prove it works.

REFLECTION — WRITE, DON'T THINK

☐ Where did users get confused?

☐ What did you assume that turned out wrong?

☐ What's the ONE thing to fix tomorrow?

BONUS ROUND

Post your MVP link on Twitter/IG with the caption 'built this in a day, first 10 users get lifetime free.' See what happens.

Project Kit — Ship Your MVP

Estimated time: 3 hours

THE GOAL

A public URL of your working (or waitlist) product, and one automation running in the background.

MATERIALS

Lovable / Bolt / v0	Supabase or Airtable for data	n8n or Zapier
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STEPS

01 Spec in 1 sentence

Write the one-liner your grandma would understand.

02 Build the front

Use Lovable. Hero + one core action + one CTA.

03 Wire the data

Signups → Airtable/Supabase → email confirmation.

04 Automate one thing

New signup → auto-DM you a Slack ping + adds them to a Notion tracker.

05 Ship

Get the URL. Test on your phone. Send to 5 people.

DELIVERABLE

A public URL + a screenshot of your automation firing successfully.

RUBRIC — HOW WE JUDGE

✓ **It works**

Can someone actually complete the core action end to end?

✓ **Speed to value**

How fast does a new visitor 'get it'?

✓ **Automation**

Does the backend automation save you real time?

✓ **Founder polish**

Would you send this link to your hero?

PROMPT TEMPLATES – COPY & USE

Lovable spec prompt

Build a web app called [NAME]. One-liner: [PITCH]. Primary user flow: 1) Land on hero → 2) [ACTION] → 3) [OUTCOME]. Design system: dark mode, mint green accents, Space Grotesk font, generous whitespace. Store data in Supabase table called [TABLE_NAME]. Add a landing page above the app with headline, subheadline, and one CTA button.

Tick each box only when it's actually done.

HOMEWORK MISSIONS

- ☐ Ship v2
- ☐ 5 real users
- ☐ Automation win

PROJECT STEPS

- ☐ Spec in 1 sentence
- ☐ Build the front
- ☐ Wire the data
- ☐ Automate one thing
- ☐ Ship

SHIP IT

- ☐ Reflection questions answered in writing
- ☐ Deliverable submitted: A public URL + a screenshot of your automation firing successfully.
- ☐ Posted to the camp gallery / shared with a friend
- ☐ Bonus round attempted

Done? Sign it. Date it. Show up tomorrow ready to build.

Signed _____ Date _____